

## Peppermint Hot Chocolate Usensation (Reference 125 mL) CND

08/31/2018

| <b>Nutrition Facts</b>                         |                       |
|--|-----------------------|
| Per 125 mL (100 g)                             |                       |
| <b>Calories 170</b>                            | <b>% Daily Value*</b> |
| <b>Fat 2.5 g</b>                               | <b>3 %</b>            |
| Saturated 1.5 g                                | 8 %                   |
| + Trans 0.1 g                                  |                       |
| <b>Carbohydrate 35 g</b>                       |                       |
| Fibre 0 g                                      | 0 %                   |
| Sugars 26 g                                    | 26 %                  |
| <b>Protein 3 g</b>                             |                       |
| <b>Cholesterol 10 mg</b>                       |                       |
| <b>Sodium 40 mg</b>                            | <b>2 %</b>            |
| Potassium 150 mg                               | 3 %                   |
| Calcium 75 mg                                  | 6 %                   |
| Iron 0.3 mg                                    | 2 %                   |
| * 5% or less is a little, 15% or more is a lot |                       |

INGREDIENTS: Low Fat Chocolate Yogurt Bar (milk ingredients, yogurt (milk ingredients, bacterial culture), sugar, modified milk ingredients, cocoa processed with alkali, mono and diglycerides, cellulose gum, guar gum, natural flavour, carrageenan, bacterial culture (S.thermophilus, L.bulgaricus, L.casei)), Crushed Candy Cane ((sugar, glucose syrup, vegetable derived glycerin, natural flavour, colour including tartrazine, soybean oil, calcium carbonate, carnauba wax, soy lecithin, modified palm oil, petrolatum, FD&C red no. 40, FD&C yellow no. 5, FD&C blue no. 1)), Mini Marshmallows ((corn syrup, sugar, dextrose, modified cornstarch, water, gelatin, natural and artificial flavour, tetrasodium pyrophosphate, FD&C blue no. 1)).

Contains Milk.

May contain traces of peanuts, tree nuts, soy, milk, eggs, wheat, fish, and shellfish.

Low fat  
Low saturated fatty acids  
Low cholesterol  
Low sodium  
Contains calcium

Kosher: No

Please Note:

Nutritional information is based on our standardized recipes and is calculated using information from suppliers and standard databases. Because our frozen yogurt is freshly prepared at our stores, exact information may vary. Data is rounded to meet federal regulations. Percent Daily Values (DV) are based on a 2,000 calorie diet.

Due to other products with allergens in our stores and at our suppliers, we cannot guarantee that any of our products are allergen free.